

Social Distancing Policy

Social distancing measures are steps you can take to reduce social interaction between people. This will help reduce the transmission of coronavirus (COVID-19).

They are to:

- 1. Avoid contact with someone who is displaying symptoms of coronavirus (COVID-19). These symptoms include high temperature and/or new and continuous cough, shortness of breath.
- 2. Avoid non-essential touch where possible
- 3. Avoid gatherings in the lobby area of the studio, as infections spread easily in closed spaces where people gather together.
- 4. Keep a 2m distance while inside the studio and follow the one-way protocol.
- 5. Please wash or sanitiser your hands on entering and exiting the studio
- 6. There is currently a drop and go policy happening in the studio, if you are not taking part in a class or lesson please drop your child at the studio and collect them at the end of their class, your child will not be allow to exit the building without written authorisation to the instructor/teacher in advance. If your child is 6 years or young one parent or guardian will be able to wait until child enter their class.
- 7. Children with medical issues should have one parent or guardian onsite at all times.
- 8. Please do not enter the studio more than 5 mins before your class starts or 10 mins before a 1 to 1 lesson.
- 9. Teachers and Clients will be asked to wear masks where possible.
- 10. Payment via BACS or PayPal before your class or lesson.
- 11. For all clients/pupils/children/participants in classes or lessons a contact number needs to be provided to the studio 24 hours in advance of your attendance and emergency contact details will need to be provided to your instructor/teacher in advance.
- 12. Studio numbers will be reduced at this time

Everyone should be trying to follow these measures as much as is practical.

We strongly advise you to follow the above measures as much as you can and to significantly limit your face-to-face interaction if possible, particularly if you:

- are over 70
- have an underlying health condition
- are pregnant

This advice is likely to be in place for some weeks and we will revise these in-line with government advice. Please ensure your follow the above policy failure to do so will mean your access to The Studio – CT maybe refused.